



2024-25 CLUB TRYOUTS

Age Groups/When

Ages 10-14

(Players ages below 10 are encouraged to tryout!)

Saturday Oct. 26th, 2024

Ages 10-12: 9:30AM to 11:30AM

Ages 13-14: 12PM -2:30PM

Ages 15-18

Sunday Nov. 10th, 2024

Ages 15 & 16: 10:30AM - 1PM

Ages 17/18: 10:30AM - 1PM

Where:

Franklin Heights High School Rec. Center

***Rec. Center is located behind the School (Left side)**

1001 Demorest Road, Columbus, Ohio

Cost to tryout: \$15 online registration or \$20 at the door.

You can register and get more information at our website:

www.Adrenalinevbclub.com

***We are a proud member of USA Volleyball & AAU.**

We provide as much training as the National Team clubs for the fraction of the cost!

Your daughter will work with a sports performance trainer to improve speed, agility, and strength. (Ages 12A-18)

We provide valuable information on the college recruiting process that can save you time and money.

American teams ages 15-17 get a 1 - year membership to Sports Recruits website. This website puts you in control of the college recruiting process!

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